

# HELP YOUTH DO WELL IN THEIR COMMUNITY

# GROUP ACTIVITIES

crafts, sports,  
and outdoor  
activities

*I don't usually feel like going to the youth centre all of the time because I'm too focused on other things, or I'm not thinking about it. (Male, 12)*

prioritize relevant  
and interesting  
activities

*We need stuff around the youth Centre to get more young people involved. Like, mitten making, and making slippers, or activities where you go outdoors and play. That would be cool to have here (Female, 12)*

*If we had a weekly thing so if they miss the first time, then they can be like, "Oh, I can go next week."...Because if they knows it's coming they can plan to go there instead of like - they are already doing something else or they might not hear about it that time. (Female, 17)*

have a  
consistent  
schedule

attract lots of  
people

*Even if 20 of us all get together and just sat around, it's still not fun. But if we had something organized or a place to go, or something that would be fun to do. I'd say more people would get together and it would be a lot more fun. (Female, 17)*



This information was collected for the Spaces and Places project in two communities in Labrador. For more information visit: [www.resilienceresearch.org](http://www.resilienceresearch.org)



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