

# HELP YOUTH DO WELL IN THEIR COMMUNITY

# CULTURAL ACTIVITIES

purposefully invite youth to activities

*Well I kind of decided and I figured it would have been like kind of hard too for him to take me with him. 'Cause like you usually have to go along rough terrain on the way (Female, 12)*

helps to escape the reality of daily life

*It's a way to connect with your family. And just get away from any stresses there might be in the community or at your house. Or you might be bored and decide that you want to go out and have some fun. (Male, 17)*

*Unlike my dad, I never had to do it before, like cut wood for heat and everything. Mostly now we have oil furnaces (Male, 14)*

parents experience of culture is different

pass on knowledge so youth can pass it on

*I want to hear their stories of what they did; how they lived and how they hunted because its something that they used to do that I wants to do. It's part of my tradition. I got to learn it to other people. (Male, 17)*



This information was collected for the Spaces and Places project in two communities in Labrador. For more information visit: [www.resilienceresearch.org](http://www.resilienceresearch.org)



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